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Reveal: A Sacred Manual for Getting Spiritually Naked

"Reveal cracked me open, reawakened my spirit, and reminded me that I'm not alone on my spiritual journey. This book opened my heart and led my soul. Reveal is a blessing to the world."

— Gabrielle Bernstein, *New York Times*
best-selling author of *May Cause Miracles*



*A Sacred Manual
for Getting Spiritually Naked*

MEGGAN WATTERSON

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Par Meggan Watterson : Reveal: A Sacred Manual for Getting Spiritually Naked before purchasing it in order to gage whether or not it would be worth my time, and all praised Reveal: A Sacred Manual for Getting Spiritually Naked:

Description :

Prsentation de l'diteurEven as a little girl, Harvard-trained theologian Meggan Watterson knew something was missing from traditional religion the voices of women. She knew these voices had never been silenced, just buried, so she began a pilgrimage to uncover the presence of the Divine Feminine.What she discovered along the way were not only the many stories, images, and voices of the Divine Feminine in world religions Christianitys Mary Magdalene, Hinduisms Kali Ma, Buddhisms Green Tara but also her own spiritual voice,

the one veiled beneath years of fear and self-doubt. After a revelation at a sacred site of the Black Madonna in Europe, Meggan realized that being spiritual for her was intricately tied to her view of her body. Rather than transcending the body, denying or ignoring it, she found that she must accept her body as sacred. Only then could she truly hear the voice of unfaltering love inside her the voice of her soul. Watterson soon found that she was not alone, that there are countless women who long for a spirituality that encourages embodiment, that inspires them to abandon their fears but never themselves, and that shows them how to be led by the audacious and fiercely loving voice of truth inside them. No matter where you rest on the spectrum of spirituality religious or secular, devout believer or chronic doubter, freelance mystic or borderline agnostic this story is about the desire to shed what's holding you back. With passion, humor, poetry, and raw honesty, Meggan provides what religion has left out a way to lift the veils of your own fear and self-doubt to reveal your soul and find the Divine within.

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Biographie de l'auteur Meggan Watterson is a spiritual mentor, speaker, and scholar of the divine feminine who inspires women to live from the audacity and authenticity of the voice of their soul. She also founded REVEAL, an event that gathers together the fiery voices of women's spirituality. She has her Masters of Theological Studies from Harvard Divinity School and a Masters of Divinity from Union Theological Seminary. Her work has been featured in media such as The New York Times, Style Substance Soul and Forbes.com.