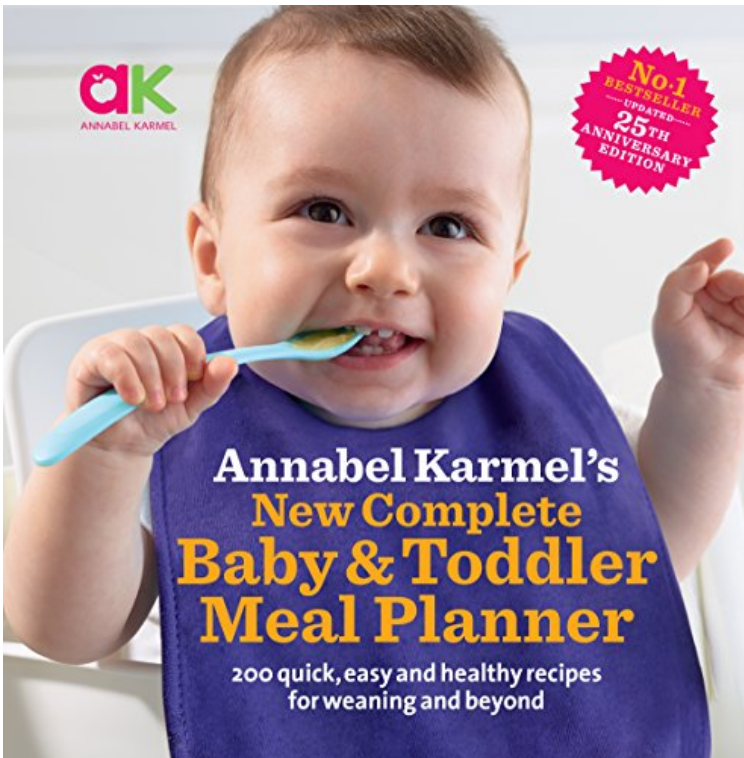


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by an entire generation. From Annabel's famous chicken and apple balls, to her new superfood puree combos, each recipe is guaranteed to tempt even the fussiest of pallets. Coupled with essential advice, tips and meal planners, this is the No.1 guide for giving your baby the very best start. The New Complete Baby Toddler Meal Planner provides you with everything you need to enjoy this exciting milestone in your child's development. Inside you'll find: Over 200 quick, easy and nutritious recipes for weaning and beyond Essential nutritional advice for babies and toddlers Time-saving tips Easy-to-follow meal planners to help you shop and plan ahead Her recipes prove that babies and toddlers will eat their greens and much more if served up in imaginative ways Daily Telegraph A mother who does not have at least one of her books in her kitchen should waste no time putting that right The Sunday Times Biographie de l'auteur Annabel Karmel: Mother of three, Annabel Karmel MBE is the UK's No.1 children's cookery author, bestselling international author, and expert on devising delicious, nutritious meals for babies, children and families. Since launching with The Complete Baby and Toddler Meal Planner more than 20 years ago, Annabel has written 42 books, which have sold over four million copies worldwide, covering every stage of a child's development. In fact, Annabel's very first book is one of the UK's bestselling nonfiction books of all time.